








Earn \$240. It's as easy as 1-2-3!

If you're an SHBP member enrolled in either a 2013 Standard or Wellness Plan Option (HRA, HDHP or HMO), we've got good news for you. There's still time to meet your 2013 Wellness Requirements to earn the \$240 incentive for 2014. Plus if you really hurry, you could win an iPad from Cigna.* What's left on your checklist? Health actions 1, 2 or 3?

1. The online health assessment takes about 15 minutes.
2. The online health education module takes about 10 minutes.
3. The biometric screening with your physician can be completed in less than an hour.

Easy does it! Act now to earn your wellness incentive for 2014.

Required Health Actions	Standard Plan Members	Wellness Plan Members
All requirements must be completed/submitted by May 31, 2013, 4:30 p.m. ET.		
1. Online Health Assessment www.mycigna.com or www.myuhc.com		
2. Online Health Education Module (SHBP Wellness Learning Center) www.AHealthierSHBP.com		
3. Biometric Screening** Through your Physician 2013 Physician Screening Form www.dch.georgia.gov/shbp-publications-forms		

The Fine Print

*For Cigna members only, complete/submit all your requirements by **May 15, 2013**, for a chance to win an iPad. Complete details available at: <http://dch.georgia.gov/wellness>. The UnitedHealthcare sweepstakes to win a Samsung Galaxy Tab® 2 ended on March 15, 2013.

**If new to the Wellness Option in 2013 or if enrolled in the Standard Option in 2013, you must complete Biometric Screening requirements. If you had the four biometric measurements completed by your physician since July 1, 2011, your physician can just fax those results in on the 2013 Physician Screening Form.

Please keep proof of completion for each of the above actions in your files.

Deadline for completion/submission of all 2013 Wellness and Incentive Requirements is **May 31, 2013, 4:30 p.m. ET**. For a summary, visit <http://dch.georgia.gov/wellness>. For details, visit <http://dch.georgia.gov/shbp-plan-documents>.

Those members and spouses (if covered) who complete all required actions by the dates stated above will each be awarded the \$240 incentive fund contribution (\$480 total) on January 1, 2014, if enrolled in a regular SHBP Plan Option (not Medicare Advantage), and may be eligible for additional benefits as determined by SHBP at its sole discretion.

This material is for informational purposes and is not a contract. It is intended only to highlight principal eligibility and benefits. Every effort has been made to be as accurate as possible; however, should there be a difference between this information and the Plan documents, the Plan documents govern. It is the responsibility of each member, active or retired, to read the Summary Plan Description and all Plan materials provided to fully understand the eligibility and option provisions.